

# Provincial/Territorial Healthy Weights Dashboard (2013)



Area of Action	BC	AB	SK	MB	YK	NT	NU	ON	QC	NB	NS	PEI	NL
<b>Strategy 2.1 SUPPORTIVE ENVIRONMENTS: Making social and physical environments where children live, learn and play more supportive of physical activity and healthy eating.</b>													
<b>2.1.1 Healthy Food Initiatives</b>													
2.1.1.1 Baby-friendly Initiative										C	C		
2.1.1.2 Infant feeding recommendations for health professionals in Canada													
2.1.1.3 Early prevention and intervention													
2.1.1.4 Food guidelines in child daycare settings		C											
2.1.1.5 Screening tool to identify preschoolers at risk for nutritional concerns													
2.1.1.6 Adaptation and implementation of WHO Growth Charts	C												
<b>2.1.2 School Initiatives</b>													
2.1.2.1 Active and safe routes to schools and travel planning													
2.1.2.2 Comprehensive school health initiatives													
2.1.2.3 School food guidelines		C											
2.1.2.4 Promotion of physical activity among youth in the after-school period			C										
<b>2.1.3 Urban Planning and Rural Planning</b>													
2.1.3.1 Community design initiatives													
2.1.3.2 Professional development and training for planners and public health professionals													
2.1.3.3 Age friendly cities/communities initiative													
2.1.3.4 Healthy communities initiatives	C												
<b>2.1.4 Other Sectoral Initiatives</b>													
2.1.4.1 Stakeholder engagement on the availability and accessibility of nutritious foods in vulnerable communities													
<b>2.2 EARLY ACTION: Identifying the risk of overweight and obesity in children and addressing it early.</b>													
<b>2.2.1 Comprehensive Healthy Weights</b>													
2.2.1.1 Comprehensive healthy weights program		C											
2.2.1.2 Management and medical treatment of childhood obesity													

For further information:

[www.towardsahealthiercanada.ca](http://www.towardsahealthiercanada.ca)

Area of Action	BC	AB	SK	MB	YK	NT	NU	ON	QC	NB	NS	PEI	NL
<b>2.3 NUTRITIOUS FOODS: Looking at ways to increase the availability and accessibility of nutritious foods and decrease the availability, accessibility and marketing of foods and beverages high in fat, sugar and/or sodium to children.</b>													
<b>2.3.1 Access and Availability of Nutritious Foods</b>													
2.3.1.1 Increase the availability and accessibility of nutritious foods in remote and northern areas	Green		Yellow	C	Yellow	Green	Green	Green		Green	Green		Green
2.3.1.2 Increase the availability and accessibility of nutritious foods in vulnerable communities	Green		Yellow	Green	Yellow	Green	Green	Green	Green	Green	Green		Green
2.3.1.3 PHAC and PTs matched funding to NGOs promotes healthy eating and active living opportunities in the community setting.	Green		Green	Green	Green	Green	Yellow		Green	Green	Green	Green	Green
<b>2.3.2 Marketing to Children</b>													
2.3.2.1 Development and implementation of policy components to decrease marketing of foods and beverages high in fat, sugar and/or sodium to children in a Canadian context	Green	Yellow				Green		Yellow	N/A	Green	Green		Yellow

**LEGEND:** Green =activity in place/underway; Yellow =activity under consideration and/or interest in collaboration; C = Identified as Champion